

# I Am Known and Loved

DATE: \_\_\_\_\_

## Prayer Inspired by the Word



Lord, You know me — deeply, truly, fully.  
You see my thoughts, my feelings, my every move.  
Even when I feel misunderstood, You remain close.  
Let me rest in the truth that I am fully known and still fully loved.

## Today's Verse

"You have searched me, Lord, and you know me.  
You know when I sit and when I rise; you perceive my thoughts from afar."

- Psalm 139:1-2 (NIV)



## Write the Verse



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## How did you feel today?



Where in my life do I need to remember that God truly knows me?

Today, I am grateful for

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Notes

Even when no one else sees me... God does.

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